

THE CURE FOR YOUR "I" PROBLEM

Breaking Free Part 2

"God opposes the proud but gives grace to the humble." James 4:6

* **Good pride:** Self-respect, dignity, satisfaction with a job well done. Joy in seeing others succeed. (Galatians 6:4, 2 Corinthians 7:4)

* **Bad pride:** Conceit, egotism, selfishness.
Attitude of superiority. (Proverbs 16:5, 18, 29:23)

I. HOW PRIDE CAUSES PROBLEMS

1. IT PREVENTS ME FROM GROWING

"There is more hope for a fool than for a man who is wise in his own eyes." Proverbs 26:12

"Anyone willing to be corrected is on the pathway to life. Anyone refusing has lost his chance." Proverbs 10:17

2. IT POISONS MY RELATIONSHIP

"Pride only breeds quarrels." Proverbs 13:10

"Take the log out of your own eye first, and then you will be able to see and take the speck out of your brother's eye." Matthew 7:5

3. IT PRODUCES STRESS AND ANXIETY

"It is dangerous to be concerned with what others think of you ..."
Proverbs 29:25

"The Lord gave us a mind and conscience. We cannot hide from ourselves." Proverbs 20:27

"Happy are the humble!" Matthew 5:5

II. HOW TO BE HUMBLE AND HAPPY

1. ADMIT MY WEAKNESS HONESTLY

"A man who refuses to admit his mistakes can never be successful. But if he confesses and forsakes them, he gets another chance."
Proverbs 28:13

2. EVALUATE MY STRENGTHS REALISTICALLY

"Don't cherish exaggerated ideas of yourself or your importance, but try to have a sane estimate of your capabilities..." Romans 12:3

"Each man should test his own actions. Then he can take pride in himself without comparing himself to somebody else." Galatians 6:4

3. ENJOY MY SUCCESSES GRATEFULLY

"What are you so puffed up about? What do you have that God hasn't given you? And if all you have is from God, why act as though you have accomplished something on your own?" 1 Corinthians 4:7

4. SERVE OTHERS UNSELFISHLY

"Do nothing out of selfish ambition or vain conceit, but in humility, consider others better than yourselves... Look not only to your own interests, but also the interests of others. Your attitude should be the same as that of Jesus Christ." Philippians 2:3-5

5. HUMBLE MYSELF VOLUNTARILY

"Humble yourselves before the Lord, and He will lift you up."
James 4:10

Next sermon's topic

HOW TO BREAK AN ADDICTION

Breaking Free

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